# Be Adventurous but Be Safety Aware!



#### FOR CSM STUDENTS TRAVELING OVERSEAS

# Pay Attention. Be Safe!

## Did you know?



Are your belongings secure?

Traveling, studying or attending a conference in another country is an enriching experience, particularly if you are prepared and alert. This flyer introduces you to threats you may face and provides tips to avoid unsafe situations.

"Be Prepared" - the old Boy Scout creed can reduce your risk of encountering problems.

#### Before You Go

Learn something about local laws and customs

Plan your wardrobe: leave expensive looking jewelry at home. Leave sports team shirts, caps at home.

Take only what you need: credit card, ID—they can be stolen.

Make copies: passport, driver's license, airline ticket, credit cards. Record phone numbers in case they are stolen. Leave one copy home; tuck a second copy in the bottom of your suitcase.

Meds: in original container.

If you would hate to lose it, leave it home!

#### Students

• Students complete OIP travel forms prior to departure.

♦Register at www.travel.state.gov

♦ Get ISIC Card

♦ Get Travel Advisories and Emergency phone numbers in-country.

♦ Have a plan.



#### Special points of interest:

CDC: www.cdc.gov

OLORADOSCHOOLOFMINES

Immunizations

Office of International Programs 1706 Illinois St Emergency: (001) 303 619-5762 Public Safety: (001) 303 273-3333

- HEALTH RISKS
- WWW.STATE.GOV/TRAVEL
  - TRAVEL ADVISORIES
  - REGISTER YOUR TRIP
- WWW.FBI.GOV
  - REPORT INCIDENTS
- WWW.OIP.MINES.EDU

#### Electronics

If you don't need it, don't take it!

- Avoid Wi-Fi networks
- Sanitize and backup
- Use a new email account number while traveling.
- Do not use thumb drives given to you.
- Delete history files, caches, cookies, etc.
- DO NOT EXPECT PRIVACY Cafes. Hotels Airplanes, offices

If your laptop, phone or other electronics are stolen, contact the US Embassy or Consulate.

## Just the facts!

During the Beijing Olympics, hotels were required to install software so law enforcement could monitor Internet usage of guests.

Cyber criminals buy and sell stolen financial information and login credentials.

US students studying overseas talked privately about their apartment lighting. The next day the light was working.

Theft from the sleeping compartment of trains is common, even though the door was "locked".

Avoid local civil disturbances; you could be arrested even though you are a bystander.

In many countries it is prohibited to speak derogatorily about the government or its leaders.



### ASSESS THE RISKS

HAVE AN ALTERNATIVE PLAN

**BE DISCREET** 

STAY AWARE

KEEP OTHERS INFORMED!



Recently evacuated because of terrorist threats. Be alert in high tourist areas.

Keep your cell phone charged and enter the emergency numbers: police, fire, your address and the nearest U.S. embassy

# Be Adventurous but Be Safety Aware!

#### In Country Tips

- ► ► Avoid ATMs on the Street: your back is toward passing traffic.
- Protect your passport. If the hotel requests keeping it during your stay, ask for a receipt. Report loss or theft immediately upon discovery.
- ► Do NOT use "gypsy" taxis.
- ► Do not leave drinks unattended: Not even while going to the Restroom.
- ► Do not try to keep up with host in social drinking. Know when to say "no" or how to sip slowly.
- ► Don't use short cuts, narrow alleys or poorly lit streets.
- On a crowded bus, tram or train, move your backpack to your front; arms through both straps.
- ► Learn a few phrases in the local language or have them handy in written form so that you can signal your need for police or medical help.

### Tell someone where you are going and when you plan to return.

## Know where the exits are and have a plan!

The Station Nightclub Fire in NY in 2003 killed 100 people and injured many more <u>in slightly</u> <u>over 5 minutes</u>. People rushed to the front door. Other exits were blocked. The stampede of people toward the main exit blocked the exit completely.

The Seton Hall Dorm fire of 2000, killed 3 and injured others. There were no sprinklers. The alarm system was faulty. Hotels and student housing overseas may not have sprinklers or alarms unless they are fairly new construction.

Students in Australia responding to a survey (2000) on fire awareness reported that they had fire blankets, extinguishers and sprinklers in their housing; however, over 50% did not know how to use the equipment and 18% did not know Australia's emergency number (Source: http://web.cs.wpi.edu/~rek/Project/AFAC\_D09.pdf)

Many foreign destinations have NO fire alert system at all. Be prepared! Know the numbers. Have a plan.

## **International Customs and Medicines**

To avoid problems when passing through customs, keep medicines in their original, labeled containers. Bring copies of your prescriptions and the generic names for the drugs. If a medication is unusual or contains narcotics, carry a letter from your doctor attesting to your need to take the drug. If you have any doubt about the legality of carrying a certain drug into a country, consult the embassy or consulate of that country before you travel.

Be polite and cooperative. Do not bring in or take out illegal drugs, black market products, Have a plan for exiting the airport or train station. Appear confident because you are confident.

## Register your travel

Register with the State Department as you are getting ready to travel. Accidents and emergencies can happen at home and overseas. If you register with the State Department, they can contact you whether the emergency is at home or in the area where you are traveling.

Travel registration is free and easy. Your information is confidential in accordance with the Privacy Act.

## <u>https://</u> <u>travelregistration.state.gov</u>

#### **True Stories**

Mines student arrested in Japan when someone sent him marijuana brownies in the mail!

Mines students raped in Ireland and France!

Mines student victim of theft at knifepoint in Italy while backpacking. Mines student detained in airport in France—looked like Bin Laden! Passport stolen in Honduras; another left on a bar in Budapest! Mines student broke jaw on cobblestones in a Delft rainstorm.

Accidents can happen to anyone—even you!

## Let Common Sense Prevail

Safety on the Street

Use the same common sense traveling overseas that you would at home. Be especially cautious in (or avoid) areas where you may be more easily victimized. These include crowded subways, train stations, elevators, tourist sites, market places, festivals and crime-ridden neighborhoods.

- Don't use short cuts, narrow alleys or poorly lit streets.
- Do not discuss travel plans or other personal matters with strangers.
- Avoid scam artists by being wary of strangers who approach you and offer to be your guide or sell you something at bargain prices.

• Beware of pickpockets. They often have an accomplice who will:

- jostle you,
- ask you for directions or the time,
- point to something spilled on your clothing,
- or distract you by creating a disturbance.

## BUS, TRAIN, ON THE STREET

Pickpockets

Drunk passengers.

Squeeze play.

Watch out for cyclists.

USE ATMs with caution—your back is to the action on the street.

## Your source: travel.state.gov

- Beware of groups of vagrant children who could create a distraction to pick your pocket.
- Wear the shoulder strap of your bag across your chest and walk with the bag away from the curb to avoid drive-by pursesnatchers.
- Try to seem purposeful when you move about.

Even if you are lost, act as if you know where you are going. Ask for directions only from individuals in authority.

- Keep your cell phone charged and enter the emergency numbers:police, fire, your hotel, and the nearest U.S. embassy
- Learn a few phrases in the local language or

have them handy in written form so that you can signal your need for police or medical help.

 Put your backpack on your front, arms through straps and clasped in f



Even they let every member know when trouble is near. Be alert.

FOR CSM STUDENTS AND FACULTY TRAVELING OVERSEAS

Office of International Programs 1706 Illinois St.

Phone: 303 384-2120 Fax: 303 384-2125 E-mail: kgengenb@mines.edu



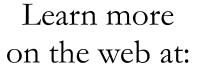
Other Countries take Drugs very seriously.

- You could go to jail!
- You could be sent home by the group leaders.
- You could be put to death for possession.
- You could go to jail for simply bringing illegal drugs into the country!
- YOU can be caught!
- Your embassy is not much help.
- Medical marijuana is not legal internationally!



#### **Safety in Your Hotel**

- Keep your hotel door locked at all times. Meet visitors in the lobby.
- Do not leave money and other valuables in your hotel room while you are out. Use the hotel safe.
- If you are out late at night, let someone know when you expect to return.
- If you are alone, do not get on an elevator if there is a suspicious-looking person inside.
- Read the fire safety instructions in your hotel room. Know how to report a fire, and be sure you know where the nearest fire exits and alternate exits are located. (Count the doors between your room and the nearest exit; this could be a lifesaver if you have to crawl through a smoke-filled corridor.)



# http://oip.mines.edu/

## **Faculty and Students**

Faculty are responsible for the safety and well-being of their students while on state authorized travel. Students are responsible for their behavior and participation as would be expected in an on-campus program or activity.

Responsibilities include, but are not limited to:

Students providing information in a timely manner on where they are going (if not accompanied by a faculty member) and when they expect to return. They must provide a local contact number to the Faculty in charge.

Faculty and students acting in a professional manner that reflects positively for the Colorado School of Mines and the United States.

A "Lead Student" should be identified and provided with the emergency numbers and instructions on how to contact CSM in the event that a faculty member is incapacitated.

Faculty and students are expected to be cognizant of local customs and law and avoid actions that are illegal, improper or indiscreet.

Faculty have the right and the authority to send a student home if he or she is not meeting the safety and programmatic goals of the program. The cost of an accompanying escort, if necessary, may be passed on to the student.

Faculty are expected to notify the Colorado School of Mines emergency response team as soon as is practical after assuring the safety of all students