



# You are invited to an All Ages Amputee Running and Mobility Clinic on May 3, 2014 from 9AM - 1PM

Attendance is free for all participants. Registration is required.

## ACTIVITIES INCLUDE:

- Fundamentals of Amputee Running
- Stretching and Strengthening for the Amputee Runner
- Individual Biomechanical Assessments
- Kid Friendly Zone: Learn to run through play

## INSTRUCTORS:

Amy Dodson from Freedom Innovations

View Amy's story at:

[www.freedom-innovations.com/amputee](http://www.freedom-innovations.com/amputee)

Tim Hilden, MS, PT, ATC

View Tim's story at:

[www.bouldersportsmedicine.org/meetourstaff.html](http://www.bouldersportsmedicine.org/meetourstaff.html)

## SPONSORS:



## WHERE:

Colorado School of Mines  
Stermole Track and Field Complex  
Located just west of Brooks Field  
12th and Maple Street | Golden, CO 80401



## TO REGISTER, PLEASE VISIT:

<https://coloradohangerclinic2014runningclinic.eventbrite.com>

or contact Erin Nolan at 719.351.5818 or at

[enolan@hanger.com](mailto:enolan@hanger.com).



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