TRAVEL SAFETY

By Alice Fabre

FACTS

- 66,960,943 U.S. citizens have travelled abroad in 2016 (~21% of the US population).
- Less than 1% of US citizens died abroad in 2016.
- Main cause: traffic accidents

- Without going to such extreme, bad things can happened and ruined your trip.
DANGERS

- Diseases (mosquitos → Malaria, Zika..., rabies, no drinking water, food poisoning)
- Climate (altitude → Headache, stomachache, dizziness, pulmonary disorder...)
- Robbery (ID, money, credit card...)
- Laws
- Driving (right/left, manual/automatic)
- Wildlife

HOW TO ENJOY YOUR TRIP SAFELY

- Avoid going in a conflict zone and report your trip to your government (enroll to the nearest embassy)
- Be aware of the medical requirements you need (vaccines, repellant medicines...), take an emergency kit
- Don’t go too fast in a high altitude, get acclimated at a medium level
- Carry copies of your ID on every bags you have, and give one to a friend coming with you
- Be aware of the differences between the laws of your home country and the country you’re visiting
- Be really careful about the traffic that can be really different than in the US and keep away from animals
LINKS AND SOURCES

• Global Conflict Tracker
• Website of the US Government - International Travel Issues for Americans
• Enrollment to the Nearest Embassy
• US embassies abroad
• Center for Disease Control and Prevention
• Travel to High Altitudes - Tips
• Main causes of death abroad
• Number of US citizens Travelling Abroad in 2017