Sailing Safety

Mai Lai

General Rules

- Always wear a PFD (not process flow diagram… silly engineers)
- Keep lines organized
- Watch for other boats
- Watch the wind/water for puffs
- Boom awareness
- Always face forward
Trapeze Safety

- Practicing hooking and unhooking until it's second nature
- Carry a knife JIC
- Back leg bent and front leg straight/locked
- Again: Organized lines!!
- 2011 Club 420 incident in Annapolis - Junior sailor Olivia Constants drowned

References