Coverage Period: 08/01/2013 - 08/18/2014

Coverage for: Student/Family | Plan Type: PPO



**This is only a summary.** It in no way modifies your benefits as described in your plan documents. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at **www.uhcsr.com/csm** or by calling (866) 458-4954.

<b>Important Questions</b>	Answers	Why this Matters:
What is the overall deductible?	Out of Network \$1,000 (Per Insured Person, Per Policy Year) Out of Network \$3,000 (For all Insureds in a Family, Per Policy Year) Preferred Providers \$0 (Per Insured Person, Per Policy Year)	You must pay all the costs up to the <b>deductible</b> amount before this plan begins to pay for covered services you use. See the chart starting on page 2 for how much you pay for covered services after you meet the <b>deductible</b> .
Are there other deductibles for specific services?	Yes, \$15 Copay per prescription for Tier 1, \$30 Copay per prescription for Tier 2, \$60 Copay per prescription for Tier 3. There are other specific <b>deductibles</b> .	You must pay all of the costs for these services up to the specific <b>deductible</b> amount before this plan begins to pay for these services.
Is there an <u>out–of–</u> <u>pocket limit</u> on my expenses?	Preferred Providers \$1,500 (Per Insured Person, Per Policy Year) Preferred Providers \$3,000 (For all Insureds in a Family, Per Policy Year) Out of Network \$3,000 (Per Insured Person, Per Policy Year) Out of Network \$9,000 (For all Insureds in a Family, Per Policy Year)	The <b>out-of-pocket limit</b> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket limit</u> ?	Copayments, Deductibles, premiums, balance-billed charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <b>out–of–pocket limit</b> .
Is there an overall annual limit on what the plan pays?	Yes, <b>\$2,000,000</b> (Per Insured Person) (Per Policy Year)	This plan will pay for covered services only up to this limit during each coverage period, even if your own need is greater. You're responsible for all expenses above this limit. The chart starting on page 2 describes specific coverage limits, such as limits on the number of office visits.
Does this plan use a <u>network</u> of <u>providers</u> ?	Yes. For a list of <b>preferred providers</b> , see www.uhcsr.com/csm or call (866) 458-4954.	If you use an in-network doctor or other health care <b>provider</b> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <b>provider</b> for some services. Plans use the term in-network, <b>preferred</b> , or participating for <b>providers</b> in their <b>network</b> . See

**Questions:** Call 1-800-767-0700 or visit us at www.uhcsr.com.

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Important Questions	Answers	Why this Matters:
		the chart starting on page 2 for how this plan pays different kinds of <b>providers</b> .
Do I need a referral to see a specialist?	No.	You can see the <b>specialist</b> you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about <b>excluded services</b> .

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- <u>Copayments</u> are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance (Coins)</u> is your share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible (ded).</u>
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use participating **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost if You Use a Preferred Provider	Your Cost if You Use a Out of Network Provider	Limitations & Exceptions
	Primary care visit to treat an injury or illness	0% Coins \$25 Copay per visit	30% Coins \$25 Ded per visit	May not apply when related to surgery or Physiotherapy.
	Specialist visit	0% Coins \$25 Copay per visit	30% Coins \$25 Ded per visit	May not apply when related to surgery or Physiotherapy.
If you visit a health care <u>provider's</u> office or clinic	Other practitioner office visit	10% Coins \$25 Copay per visit	30% Coins	Payment may be subject to surgery or hospitalization within specified time periods.
	Preventive care/screening/immunization	No Charge	Not Covered	Includes preventive health services specified in the health care reform law or benefits provided as mandated by state law.
If you have a test	Diagnostic test (x-ray, blood work)	10% Coins	30% Coins	none—
If you have a test	Imaging (CT/PET scans, MRIs)	10% Coins	30% Coins	none
If you need drugs to treat your illness or condition	Tier 1 - Your Lowest-Cost Option	\$15 Copay per prescription for Tier 1	Not Covered	Prescription limits may apply. You may need to obtain certain specialty drugs from a pharmacy designated by
More information about <b>prescription</b>	Tier 2 - Your Midrange-Cost Option	\$30 Copay per prescription for Tier 2	Not Covered	us. Preferred: (Mail order Prescription Drugs through UHCP at 2.5 times the
drug coverage is	Tier 3 - Your Highest-Cost Option	\$60 Copay per	Not Covered	retail Copay up to a 90 day supply.)

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Common Medical Event	Services You May Need	Your Cost if You Use a Preferred Provider	Your Cost if You Use a Out of Network Provider	Limitations & Exceptions
available at www.uhcsr.com		prescription for Tier 3		
	Tier 4 - Additional High-Cost Option	Not Applicable	Not Applicable	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	10% Coins \$250 Copay per visit	30% Coins \$750 Ded per visit	none
	Physician/surgeon fees	10% Coins	30% Coins	none
If you need immediate medical attention	Emergency room services	10% Coins \$100 Copay per visit	30% Coins \$100 Ded per visit	May be limited to use of emergency room and supplies. (The Copay/per visit Ded will be waived if admitted to the Hospital.)
	Emergency medical transportation	0% Coins \$200 Copay per trip	0% Coins \$200 Ded per trip	none
	Urgent care	10% Coins \$35 Copay per visit	30% Coins \$35 Ded per visit	May be limited to facility fees.
If you have a hospital stay	Facility fee (e.g., hospital room)	Room & Board: 10% Coins Room & Board: \$250 Copay per Hospital Confinement Hospital Miscellaneous: Paid under Room & Board	Room & Board: 30% Coins Room & Board: \$750 Ded per Hospital Confinement Hospital Miscellaneous: Paid under Room & Board	none
	Physician/surgeon fee	10% Coins	30% Coins	none
If you have mental health, behavioral	Mental/Behavioral health outpatient services	0% Coins \$25 Copay per visit	30% Coins \$25 Ded per visit	none
health, or substance	Mental/Behavioral health inpatient services	Room & Board:	Room & Board:	Institutions specializing in or primarily

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Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Common Medical Event	Services You May Need	Your Cost if You Use a Preferred Provider	Your Cost if You Use a Out of Network Provider	Limitations & Exceptions
abuse needs		10% Coins Room & Board: \$250 Copay per Hospital Confinement Hospital Miscellaneous: Paid under Room & Board	30% Coins Room & Board: \$750 Ded per Hospital Confinement Hospital Miscellaneous: Paid under Room & Board	treating Mental Illness and Substance Use Disorders may not be covered.
	Substance use disorder outpatient services	0% Coins \$25 Copay per visit	30% Coins \$25 Ded per visit	none
	Substance use disorder inpatient services	Room & Board: 10% Coins Room & Board: \$250 Copay per Hospital Confinement Hospital Miscellaneous: Paid under Room & Board	Room & Board: 30% Coins Room & Board: \$750 Ded per Hospital Confinement Hospital Miscellaneous: Paid under Room & Board	Institutions specializing in or primarily treating Mental Illness and Substance Use Disorders may not be covered.
	Prenatal and postnatal care	0% Coins \$25 Copay per visit	30% Coins \$25 Ded per visit	none—
If you are pregnant	Delivery and all inpatient services	Hospital	Surgery: 30% Coins Hospital Miscellaneous: Paid under Room & Board	none
If you need help	Home health care	Not Covered	Not Covered	none
recovering or have	Rehabilitation services	10% Coins	30% Coins	Payment may be subject to surgery or

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Common Medical Event	Services You May Need	Your Cost if You Use a Preferred Provider	Your Cost if You Use a Out of Network Provider	Limitations & Exceptions
other special health needs		\$25 Copay per visit		hospitalization within specified time periods.
	Habilitation services	Not Covered	Not Covered	none—
	Skilled nursing care	10% Coins \$250 Copay per admission	30% Coins \$750 Ded per admission	Visit limits may apply.
If your child needs dental or eye care	Durable medical equipment	10% Coins	30% Coins	\$5,000 maximum (Per Policy Year) (Durable Medical Equipment benefits payable under the \$5,000 maximum are not included in the \$2,000,000 Maximum Benefit.) (See also Benefits for Prosthetic Devices)
	Hospice service	10% Coins	30% Coins	As mandated by state law. Visit limits may apply.
	Eye exam	0% Coins \$25 Copay per visit	30% Coins \$25 Ded per visit	(One exam Per Policy Year) (Coverage includes exam, refractions and associated fittings for either eyeglasses or contact lenses. No copay applies to visits for fittings of eyeglasses or contacts.)(Vision benefits are not subject to the \$2,000,000 Maximum Benefit.)
	Glasses	Not Covered	Not Covered	none
	Dental check-up	Not Covered	Not Covered	none—

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#### **Excluded Services & Other Covered Services:**

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Bariatric surgery
- Cosmetic surgery Except as specifically provided in the policy
- Dental care (Adult) Except as specifically provided in the policy
- Hearing Aids Except as specifically provided in the policy

- Infertility treatment
- Long-term Care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing

- Routine eye care (Adult)
- Weight loss programs

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Acupuncture
- Chiropractic care
- Routine foot care

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#### **Your Rights to Continue Coverage:**

If you lose your status as an eligible student under your Student Health Insurance Coverage, Federal and State laws may allow you to continue your health coverage for a limited period of time. Any such rights will be limited in duration and will require you to pay a premium. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the insurer at 1-800-767-0700. You may also contact your state insurance department at Colorado Division of Insurance at 1-303-894-7490 or visit http://www.dora.state.co.us/insurance/.

#### **Your Grievance and Appeals Rights:**

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact: Colorado Division of Insurance at 1-303-894-7490 or visit <a href="http://www.dora.state.co.us/insurance/">http://www.dora.state.co.us/insurance/</a>.

Additionally, a consumer assistance program can help you file your appeal. A list of states with Consumer Assistance Programs is available at http://ciio.cms.gov/prgrams/consumer/capgrants/index.html.

#### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-767-0700.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-767-0700.

Chinese (中文): 如果需要中文的帮助,请发了这个号码1-800-767-0700.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-767-0700.

To see examples of how this plan might cover costs for a sample medical situation, see the next page.

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### **About these Coverage Examples:**

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



### This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

### Having A Baby (normal delivery)

- Amount owed to providers: \$7,540
- Plan pays: \$6,790Patient pays: \$750

#### Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540
Patient pays:	
Deductibles	\$0
Copays	\$50
Coinsurance	\$500
Limits or exclusions	\$200
Total	\$750

# Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays: \$4,320Patient pays: \$1,080

#### **Sample care costs:**

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

#### Patient pays:

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Deductibles	\$0
Copays	\$900
Coinsurance	\$100
Limits or exclusions	\$80
Total	\$1,080

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#### **Questions and answers about the Coverage Examples:**

# What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network <u>providers</u>. If the patient had received care from out-of-network <u>providers</u>, costs would have been higher.

#### What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

### Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

# Does the Coverage Example predict my future expenses?

\*No. Coverage Examples are not cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

### Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

# Are there other costs I should consider when comparing plans?

Yes. An important cost is the <u>premium</u> you pay. Generally, the lower your <u>premium</u>, the more you'll pay in out-of-pocket costs, such as <u>copayments</u>, <u>deductibles</u>, and <u>coinsurance</u>. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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